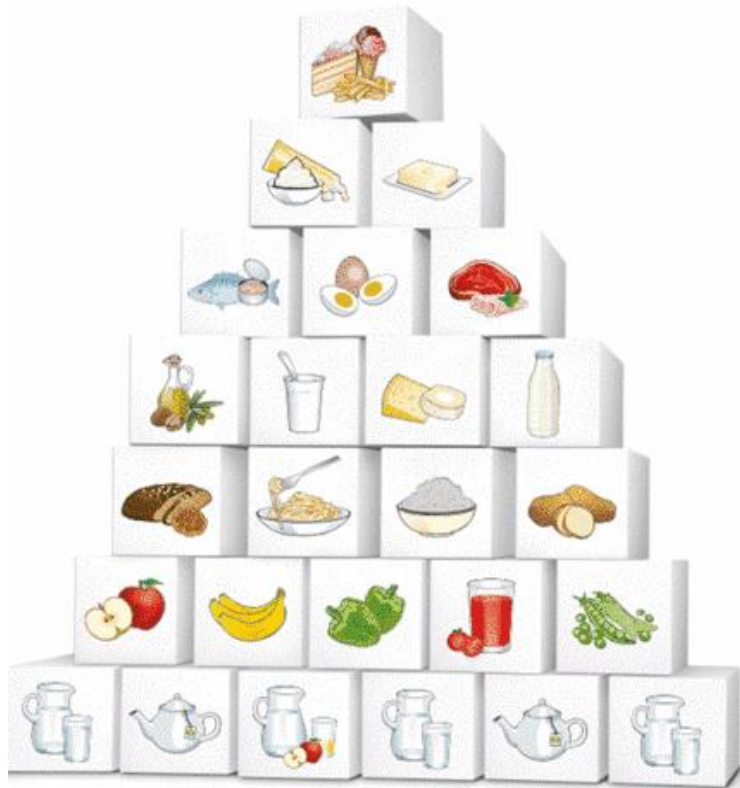


Water Consumption Guidelines - Austria

Author: Ministry of Health and Women's Affairs



Key Message: Drink at least 1.5 litres of fluid, preferably low-energy drinks in the form of water, mineral water, unsweetened fruit or herbal teas or diluted fruit and vegetable juices.

Date of record: 07/2016

Website Link: https://www.bmgf.gv.at/cms/home/attachments/7/3/0/CH1046/CMS1290513144661/folder_erpyr_web.pdf