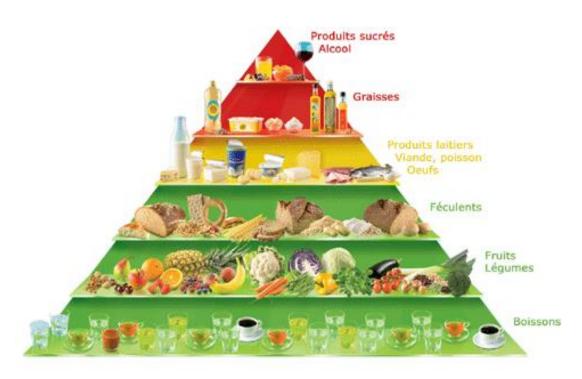
Water Consumption Guidelines - Luxembourg

Author: Ministry of Health





Key Message: A healthy diet contains water in an adequate quantity. Drink sufficient quantities of fluids: at least 1.5 litre per day of liquid, preferably water

Date of record: September 2015

Website Link: http://www.sante.public.lu/fr/prevention/alimentation/recommandations/index.html